



Q: What are the eligible medical/drug expenses that apply to answering question 1 (“Were your medical expenses greater than 7.5% of your gross household income during the last calendar year?”).

A: Expenses typically include medical, dental, and vision insurance premiums, deductibles, copays, and any expenses associated with those visits. Other common expenses include:

Common Internal Revenue Service (IRS) Medical Expenses

Acupuncture	Fertility enhancement	Podiatrist
Alcoholism treatment	Gynecologist	Psychiatrist
Ambulance services	Hearing aids and batteries	Psychologist
Annual physical examination	Hospital bills	Smoking cessation programs
Birth control pills (by prescription)	Laboratory fees	Surgery
Childbirth/delivery	Lodging (away from home for outpatient care)	Therapy or counseling
Doctor’s fees	Nursing home	Medical transportation expenses
Dental treatments (including X-rays, dentures, fillings, oral surgery)	Nursing services	Transplants
Dermatologist	Obstetrician	Vaccines
Diagnostic services	Osteopath	Vision care
Disabled dependent care	Oxygen	Weight loss programs (for a specific disease diagnosed by a doctor)
Drug addiction therapy	Pregnancy test kits	Wheelchairs
Acid controllers	Prescribed medications and drug	X-rays
Acne medicines	Cold and flu medicines	Motion sickness medicines
Aids for indigestion	Eye drops	Nasal sprays or drops
Allergy and sinus medicines	Feminine antifungal or anti-itch products	Ointments for cuts, burns, or rashes
Antidiarrheal medicines	Hemorrhoid treatments	Pain relievers, such as aspirin or ibuprofen
Baby rash ointments	Laxatives or stool softeners	Sleep aids
	Lice treatments	Stomach remedies

Q: Is there another way to qualify for assistance with Mindera Assist if I do not answer yes to questions A or B?

A: Yes, please contact a Mindera Health™ representative at: 858-788-9075.

Q: What documentation do I need to provide to qualify?

A: Simply complete this qualification form, sign, and submit with your lab test. Or complete the online form at Minderahealth.com/MinderaAssist or use the QR code provided.

Q: Why would I receive a large bill from Mindera Health if I qualify for assistance?

A: The most common reasons people receive a large bill:

- 1) We do not have a valid qualification form on file, and/or
- 2) Your insurance company elected to pay you directly for our services. If you receive a payment from your insurance company, please call a Mindera Health representative 858-788-9075.

Q: Whom do I contact if I have a question about my Explanation of Benefits (EOB) and/or insurance?

A: Contact a Mindera Health representative at 858-788-9075, and we will be happy to assist you with any questions you may have.

Note: An EOB is not a bill from Mindera Health.

Q: How do I submit my Mindera Assist Qualification Form?

A: Submit online Minderahealth.com/MinderaAssist, fax to 858-713-1488, or by mail Mindera Health PO BOX 120417 DEPT 0417 Dallas, TX 75312-0417.

Return completed application to: Fax 858-713-1488 or by mail to Mindera Health PO BOX 120417, DEPT 0417, Dallas, TX 75312-0417

Completed paper forms may be sent, along with the sample, at the time of ordering the Mind.Px™ test, or may be completed at any time after at Minderahealth.com/MinderaAssist, or by using the provided QR code. Have questions? Call Mindera Health patient assistance team at: 858-788-9075.

